

UNIQUE CEU OPPORTUNITY

Positive Reframing / Stress Reduction



What's in it for you?

- Increase competence in a key area of wellness.
- Serve clients more completely
- Increase adherence to ASAM and SAMHSA guidelines.
- Influence the whole community positively
- Get ADAD CE hours.
- Network with fellow professionals

CE hours:

4.5 CE hours ADAD approved

Key Points / Objectives: Attendees will become familiar with:

- SAMHSA Dimensions of Wellness Overview
- Familiarity with impact of positive reframing with basic PNI components
- Familiarity with mindfulness concepts and benefits in stress reduction / reduction in SUD

Presenter Bio: Dave Sprouse is an LMHC, CSAC and CCS. Dave is a prior Clinical Director of Medication Assisted Treatment facility and currently is an Assistant Director of a local counselor practice in addition to owning a private practice.

How to Sign up:

- Send email to TwentyFourToLife@outlook.com with subject line “positive reframing CE”
- Include your first and last name (email address if wishing to use a different one that you write from).
- Dates are December 1 and 2 from 10am til 12:15pm both days.
 - Offered on zoom so video and audio required along with participation.
- The cost for training is \$20 for each attendee (minimum of 20 paid attendees desired to hold the course).
 - Should the course get cancelled by the presenter, fees will be refunded.
- Please use the honor system if more than one attendee is at your location
 - If signing up at the same time, multiple attendees from the same location can receive a small discount for signing up 3 or more from the same location.
- A reply to your initial email will have information for payment methods:
 - Preferred methods are PayPal or Venmo, but those wishing to mail a check will be given the option, it will need to be received prior to class date though